

Nike Midwest Regional

November 16, 2019

Location: LaVern Gibson Championship XC Course, Terre Haute, IN
Racing against competitors from IN, IL, OH, MI, MO

How much? \$70 and additional money for food/t-shirt

2019 SCHEDULE

Friday November 15th, 2019

2:00pm – 6:30pm Course inspection for
Athletes/Coaches/Parents

2:00pm – 7:00pm Packet Pick-up

5:00pm – 7:00pm Ice Cream social in the
main building of the Wabash Valley Family
Sports Center

Saturday November 16th, 2019

8:00am Facility and Course opens for
Athletes/Coaches/Parents

8:00am – 2:30pm Late Packet Pick-up in the
main building of the Wabash Valley Family
Sports Center

10:00am Community 5k race
10:30am Middle School 3k Challenge
(Boys & Girls in grades 6th -8th)
(Boys & Girls will run together)
10:55am National Anthem
11:00am Boys F/S Race
11:40am Girls F/S Race
12:20pm Boys Open Invitational 1
1:00pm Boys Open Invitational 2
1:40pm Girls Open Invitational 1
2:20pm Girls Open Invitational 2
3:00pm Boys Championship Race
3:40pm Girls Championship Race
4:15pm Awards Ceremony

*Due to IHSA rules the team cannot travel via district transportation & the coaches cannot facilitate the team. The meet will be facilitated by the OEXC Boys Parent Group & Coach Ed Padovich.

Any questions please email:

Steve Hartman – OEXC NXR Team Coordinator – cam1201@sbcglobal.net

Brian Henz – OEXC Boys Parent Group President – henzfamily@hotmail.com

Name: _____ Year in School: _____ Fastest Time This Year: _____

Athlete's Email: _____ Athlete Phone #: _____

Parent's Email: _____ Parent Phone #: _____

Parent Signature: _____ Athlete Signature: _____

Return By Wednesday, October 23, 2019 with \$70 fee
***Checks made payable to "Wolves NXR"**