

6th Annual Ray Vandersteen All Comers Track and Field Meet

5K

WHEN:

Thursday July 11th, 2018

5:00pm

WHERE:

Neuqua Valley High School's Track

2360 95th Street

Naperville, IL 60564

REGISTRATION:

Registration for the 5K only is \$10. Online Registration is open through Tuesday, July 9th at 5:00 pm at the website below:

wildcatxctf.com

There is no race-day registration

TIME SCHEDULE:

Field events begin at 5:00 pm, Running events at 5:30 pm. There will be no time schedule – events will be run in the following order:

4x100m relay, 4x100m family relay, 1600m run, 100m/110m hurdles* (must have experience), 100m dash, 400m dash, 5000m run

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